

Have you ever found something so terrific you just had to share it?

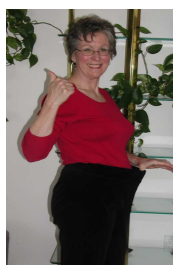
I know you care about your health because you are visiting my blog. I think you'll agree, finding convenient, top quality, healthy solutions for dietary and nutritional challenges is important to maintaining optimal health with our busy lifestyles.

I don't know you personally and what your nutritional concerns are, but I wanted to let you know about a **new natural, healthy appetite suppressant** I'm excited about because it worked for me and just might work for you!

Curbing Your Appetite with **IsaDelight**--Here's how you can easily indulge and still lose your bulge...



Sheryl Size 14 (tight)



Sheryl 4-25-08
(Size 14 pants)



Sheryl 4-25-08
Size 12



IsaDelights are delicious, healthy dark chocolates chock full of healthy amino acids, antioxidants*, vitamins, and minerals enhancing brain, mood, heart and body health **NATURALLY**—with no added stimulants or other 'questionable' ingredients. Each piece is as **luscious, smooth and decadent as fine chocolate!**

*Each scrumptious piece of IsaDelight has a 2,850 ORAC value in each low-calorie piece. **More antioxidant power than ½ cup of blueberries!**

For Best Results—simply allow IsaDelight chocolate to slowly melt in your mouth, savoring the smooth, rich chocolaty flavor.

For Best Results ~ Allow IsaDelight® Chocolate to Melt in Your Mouth . . .

Take one or two pieces of chocolate toward the end of the morning ~
and ENJOY eating less for lunch



Take one or two pieces toward the end of the afternoon ~
and ENJOY eating less for dinner

Many people notice a difference Very QUICKLY - that lasts for hours !

You can easily add IsaDelights to your current nutritional program for less than the price of most high quality chocolate bars...and with all the extra benefits...including happier moods!

Here's how I take IsaDelight...I have one in the morning (sometimes even before my shower—**chocolate before breakfast is totally decadent!**) I enjoy another IsaDelight 1-2 hours before dinner. I've noticed I feel happier and am more focused in the morning and am getting more done. What's really amazing is **automatic portion control**—my appetite is decreased so I automatically eat less for snacks and meals. And, I feel full more quickly when eating.

If you would like more information about IsaDelight chocolates, please contact me at sheryl@thrivalkits.com or 206-851-7130.